



SCHEME OF EXAMINATION FOR DIRECT RECRUITMENT TO THE POST OF NURSING ASSISTANT

The following shall be the Scheme of Examination, components of Written Test (Paper – I) and Skill Test and its syllabus for recruitment to the Post of Nursing Assistant by direct recruitment:

A. Scheme of the Examination

Written Test		
Paper -I (Part – A & B) MCQ Type	Time: 90 minutes	Max. Marks: 100
Skill Test	Time: 30 minutes	Mark: 30

B. Test Components:

Paper –I MCQ Type (Part – A)		Duration: 2 hours	
		No. of Questions	Marks
Test of English		10	20
SUB TOTAL		10	20
Paper –I MCQ Type (Part – B)		No. of Questions	Marks
Subject Knowledge			
	(i) Human body, hygiene, and Nutrition	14	28
	(ii) Community health problems, Environmental sanitation and disease control	14	28
	(iii) Primary medical care, First aid and referral and Health care management	12	24
SUB TOTAL		40	80
TOTAL		50	100

Skill Test	(a) Vital Signs Monitoring & Measurement (b) Hand Hygiene and Personal Protective Equipment (PPE): (c) Patient Mobility, Positioning, & Transfer Techniques (d) First Aid, Emergency Care, & Basic Life Support (BLS) (e) Basic Equipment Maintenance	Duration: 30 minutes Marks: 30
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C. Syllabus:

Paper-I MCQ Type: Part A

- (i) **Test of English:** Applied English Grammar, Synonyms, Antonyms, One-Word Substitutions, Idiomatic use of words and Phrases and Common errors.

Paper-I MCQ Type: Part B

- (i) **Human body, hygiene, and Nutrition:** Overview of major organ systems (Skeletal, Muscular, Circulatory, Respiratory, Digestive, Nervous, and Excretory systems), Personal, Clinical & Specialized Hygiene, Classification, functions, and dietary sources of Macro-nutrients and Micro-nutrients, Balanced & Therapeutic Diets, Identification, management, and prevention of malnutrition, anemia, and specific vitamin/mineral deficiencies, Hydration & Fluid Balance.
- (ii) **Community health problems, Environmental sanitation and disease control:** Major health challenges in rural and urban settings, maternal and child health issues, and national health programs, Infectious & Communicable Diseases, Immunization Schedule, Water purification methods at household and community levels, safe drinking water standards, and water quality testing basics, Waste Management, Vector & Rodent Control, Biomedical Waste Management (BMWM), Disinfection & Sterilization, Outbreak Response
- (iii) **Primary medical care, First aid and referral and Health care management:** Common Ailments Handling, Medication Administration Basics, Wound & Skin Care, Cardiopulmonary Resuscitation (CPR), First Aid Management of fractures (splinting and immobilization), sprains, dislocations, Bleeding & Shock, Thermal/Chemical (Burns and scalds classification and immediate care), Snake bites, dog bites/rabies prophylaxis, insect stings, and accidental poisoning, Triage & Emergency Transport, Health Care Management & Hospital Protocols

Note:

1. The question paper would be in English; the same medium of language must be used throughout.
2. The questions in the written test will be of the level of 10 + 2 and ANM examination, which is defined as the minimum eligibility for the respective post.
3. The final merit shall be drawn on the basis of combined scores of Paper-I and Skill Test.
4. In case of bunching/bracketing of candidates in the results of the written test, the priority/merit list would be decided as follows;
 - a) The candidate having more marks in aggregate in the examination/degree/diploma which is defined as the minimum eligibility for the respective post will be given preference.
 - b) In case of further bunching/bracketing of candidates, the candidate senior in age will be given preference.
 - c) In case option at (a) and (b) is exhausted, it will be decided through draw of lots.



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Government of India, Ministry of Youth Affairs and Sports



5. The University reserves the right to modify, alter, or change the scheme or mode of examination/selection for any or all advertised posts at any stage of the recruitment process without assigning any reason. The decision of the University in this regard shall be final and binding on all candidates, and no correspondence or representation will be entertained.